



SPA L'OCCITANE EN PROVENCE

SAIS
BEACH LIVING HOTEL

OUR PHILOSOPHY

PROVENCE WITHIN REACH OF THE SENSES.

Founded in Provence in 1976, L'Occitane en Provence has cultivated a deep relationship with nature and the ingredients it offers. Lavender, almond, immortelle, Verbena - each plant carries a story that translates into unique sensations on the skin.

Here, every session is a journey. Time slows down, the senses awaken, and the body rediscovers the balance that daily life so often takes away. Our therapists are trained to guide this journey with precision and presence.

BALANCE | VITALITY | LONGEVITY

THE CARE YOUR BODY DESERVES.

BALANCE

Relaxing Aromachology *50 min - 80 min*

Essential oils from Provence guide every movement - a symphony of pressure and lightness that releases muscular tension and leads the nervous system into a state of deep calm. Sleep comes more easily. The body breathes. The mind rests. For those carrying more than they should.

BALANCE

Shea Intensive Nutrition *80 min*

Shea butter - extracted through centuries-old know-how - envelops the skin while our therapists' hands move across the body using exclusive L'Occitane techniques. An experience that balances the flow of energy, deeply nourishes the skin, and leaves the body with a lightness that lasts for days.

LONGEVITY

Almond Sculpting Treatment *50 min*

Almond oil is one of Provence's most precious ingredients - and in this ritual, it works alongside sculpting techniques that precisely target areas of cellulite and localized buildup. The result is a more defined silhouette and skin that feels lighter, ready for its best. For those who value the process as much as the result.

BALANCE | VITALITY | LONGEVITY

THE CARE YOUR BODY DESERVES.

VITALITY

Almond Detox *50 min - 80 min*

Intentional draining movements travel across the body - each gesture supports toxin release and helps reduce fluid retention. Almond Supple Skin Oil hydrates and helps restore skin elasticity while the body rediscovers its natural lightness. A session you feel from within and see from the outside.

VITALITY

Deep Tissue Provençal *50 min - 80 min*

Deep forearm pressure, acupressure points, and precise stretches - this massage reaches the deepest layers of muscular tension in the back, shoulders, and neck. By the end, the whole body feels restored: revitalized, rebalanced, and ready for what comes next. A natural choice for frequent travelers and high-performance routines.

ADD-ONS

SMALL RITUALS, COMPLETE PLEASURE.

Foot Massage with Essential Oils *30 min*

A pause that begins with the feet - the ones carrying the weight of every step. Pressure and circular movements with revitalizing essential oils provide immediate relief and a sense of relaxation that spreads throughout the body.

Nourishing Shea Body Scrub *30 min*

Shea in its purest form - an exfoliation that does more than remove: it restores. Skin emerges soft, smooth, and with the satiny touch that only authentic ingredients can deliver.

Ultra-Hydrating Shea Body Mask *30 min*

The creamy, velvety texture of Shea Butter wraps the skin in a veil of nourishment and comfort. The skin barrier is strengthened. The senses become quiet. An experience rooted in the most generous expression of self-care.

Prices available upon request at the Spa reception.

PRICE LIST

PRICE SUMMARY

TREATMENT	DURATION	INDIVIDUAL	FOR TWO
FACIAL			
IMMORTELLE PRECIOUS LIFTING	50 MIN	R\$ 340	R\$ 612
IMMORTELLE PRECIOUS LIFTING	80 MIN	R\$ 423	R\$ 760
FACIAL LYMPHATIC DRAINAGE	50 MIN	R\$ 340	R\$ 612
FACIAL LYMPHATIC DRAINAGE	80 MIN	R\$ 423	R\$ 760
BODY			
RELAXING AROMACHOLOGY	50 MIN	R\$ 340	R\$ 612
RELAXING AROMACHOLOGY	80 MIN	R\$ 423	R\$ 760
DEEP TISSUE PROVENÇAL	50 MIN	R\$ 340	R\$ 612
DEEP TISSUE PROVENÇAL	80 MIN	R\$ 423	R\$ 760
ALMOND DETOX	50 MIN	R\$ 340	R\$ 612
ALMOND DETOX	80 MIN	R\$ 423	R\$ 760
ALMOND SCULPTING TREATMENT	50 MIN	R\$ 340	R\$ 612
SHEA INTENSIVE NUTRITION	80 MIN	R\$ 423	R\$ 760

Prices are per session. "For two" refers to simultaneous treatments for two people in the same room.

FOR YOUR VISIT

EVERY DETAIL DESIGNED FOR YOUR WELL-BEING



Every detail below has been designed to preserve the serenity of your experience - and respect your time and that of everyone who shares this space with us.

01 Advance Booking

Our reception is open every day, including Sundays and holidays. We recommend booking in advance to secure your preferred time and treatment.

02 Arrival at the Spa

We suggest arriving 15 minutes early - time for a calm transition into the Spa rhythm. Late arrival does not extend the scheduled treatment time.

03 Amenities

Bathrobe, slippers, and disposable underwear are available for your comfort throughout your visit.

04 Cancellation

Each treatment is reserved exclusively for you. To avoid charges, please cancel at least 24 hours in advance. Rescheduling is subject to a fee of 50% of the treatment value.

05 Health & Well-Being

Please inform us of any health condition, allergy, or restriction. We reserve the right to refuse treatments that are not appropriate - always in the interest of your comfort and safety.

06 Personal Belongings

We are not responsible for loss of or damage to personal items. To protect your clothing, we recommend using the bathrobe provided by the Spa.

TELL US ABOUT
YOUR EXPERIENCE



SCAN HERE

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